

## The World of Music

Many people may be aware of having caution listening to the music of Mozart or Beethoven, for their esoteric themes ... however, MUCH of classical music and operas also have occult roots.

### New Age Music and its Effect on the New Ager's Chakra

Music has been one of the big issues in the revival. There has been much said about it. singing short songs repeatedly, and the effects of that on the human mind to draw it into an altered state of consciousness. Many experiences "*God*" in such times of worship. We present the article below simply to state that music is also used to bring about an altered state of consciousness in New Age practices, with the belief that each chakra, after being infused with "*serpent power*," can be altered even more through the effect of musical notes on the chakras (source "CHAKRAS: The Music of Life", courtesy of Inner Star Magazine).

Do you find ironing a boring task? Have you ever put the movie "*Star Wars*" on while doing? the ironing and firing shots of steam into the fabric during the action scenes?

Many times, have you listened to the radio playing in the background and been affected by the music? Your mood changed from sad to happy ... well there is a reason for this. This information follows from the previous article about the chakra system.

These energy centers not only have a color associated with them, but they also have an octave of music as well and they are aligned like this:

The Base Chakra resonates with the note "C"  
The Sacral Chakra resonates with the note "D"  
The Solar Plexus Chakra resonates with the note "E"  
The Heart Chakra resonates with the note "F"  
The Throat Chakra resonates with the note "G"  
The Brow or Third Eye Chakra resonates with the note "A"  
The Crown Chakra resonates with the note "B"

So, when you listen to a piece of music next, try to feel the sound vibration moving through your body. Everybody is musical and you have been surrounded by music since the moment of conception. Music and rhythm are life itself. These notes or pitches can be experienced through listening to a piece of music written in the appropriate key, played on a musical instrument, or simply sung or hummed by you. This can stabilize your energy system and serve as a dose of preventative medicine as each cell in your body has the capacity to respond to any sound and to resonate. Using this resonance of sound and music the bio-electrical system of the body is strengthened, balanced, and healed.

When you first start your spiritual journey, you are told that you need to get in touch with your spirit guides and you probably wonder how to achieve this. Well, those in the spirit realms who watch over and guide you will always try to find the easiest and most energy-efficient way to communicate with you - if you like they are "*conservationists*". So just as your body can resonate and respond to music, you can also find that spirit guides use the chakras, in the same way, to contact you. In fact, once you are aware of their presence in your life, the connection by them to one or more of your chakras has been made and has also been refined to the point where you are now aware of their presence.

Music has many benefits both in your spiritual journey and life in general and is a very precious gift to all mankind from God. It is truly the music of life. your body resonates like speakers connected to a stereo unit.

The sound of fingernails across a chalkboard is harsh and grating to the nervous system, while the sound of a flute in meditation music is soothing. Music can soothe and alter emotional and mental stress which can be the cause of pain and disease, and in the 9s stress plays a big part in all our lives. The more you are exposed to beneficial sounds the greater and more permanent the effect they have because the effects of sound are accumulative.

This works both ways as the more you are exposed to detrimental sounds, the greater and more negative effects on the physical body, as well as the emotional, mental, and spiritual states. You can use music to alleviate pain and produce healing.

It also helps concentration, relaxation, learning, and creativity, and brings an increased awareness of spiritual states.

This is one reason why many groups use music when meditating as each person in the group is already used to that feeling of resonance to music and therefore it makes the experience of connecting to your higher self, your guide or guardian angel easier. It allows us to attune or contact beings or energies in the spiritual dimensions of life.