

Anorexia & Bulimia

Father God, in the name of Jesus Christ of Nazareth, I come to the Throne Room of God and plea my case for my sins and stand in the gap of my generations that may have done the same and repent and renounce those sins and put them under the blood. I ask you to break the genetic predisposition to my eating disorder in my generations back to Adam and Eve on both sides of my family. I repent and renounce the unloving spirit of self-hatred and self-punishment when things do not go well.

I repent and renounce all loyalty to the demonic spirits of anorexia, bulimia, and starvation especially in false pathways to peace in handling stress, loneliness, etc.

I repent and renounce all generational spirits of anorexia, bulimia, and starvation and command them to leave and not return, in the Name of Jesus Christ of Nazareth.

I ask forgiveness for all the rebellion in my family – for my forefathers as well as for my own life – I acknowledge that rebellion is the sin of witchcraft (**1 Samuel 15:23**)

Bulimia Specific: I repent and renounce every time I participated in the cycle of overeating, bingeing, purging, and starving myself before and after meals and ask you to break the cycle.

I repent and renounce the ungodly bonds that were formed with any other participants in the same bondage. I repent and renounce the emotional attachments that these times established. I cut myself free from every spirit and soul tie that connected me to this kind of lifestyle and bondage.

Father God, in the name of Jesus Christ of Nazareth, forgive me for overindulged and then forcing myself to vomit. Forgive me for every laxative I drank to try to get rid of the food I ate. I ask you to heal my entire intestinal tract.

I repent and renounce the belief that if I vomit the pain will stop.

I repent and renounce the belief that if I have no energy or power the demons won't bother me.

I repent and renounce the belief that if I vomit or purge they will leave me alone.

Forgive me for this form of idolatry and the worship of these demons that have control over me. I want you to be in control of my life. Cancel every sacrifice I brought to these demons. I ask You to cut me free and burn up the spiritual altar – the toilet.

I repent and renounce believing that if I don't connect internally then I don't have to take responsibility for what has happened or what I have done.

I repent and renounce the “disconnect programming” I programmed my mind with to not take responsibility for my body.

Forgive me for all my self-centeredness and immaturity and for all the damage I did to my body. I am so sorry for not respecting the LIFE You have given me and the ways that I abused my body.

I repent and renounce all ways that my identity is tied up in being thin and any worship I received for being thin and cancel words spoken over me or I've spoken over myself.

I repent and renounce, confess and repent of any worship of self-denial/ self-control.

I repent and renounce the belief that the thinner you are the more worship you receive. I repent and renounce being a part of a culture that gorges and throws up.

I ask forgiveness for all the self-hatred and self-despising every time I binged and overindulged on food – forgive me for every time I punished my body.

I repent and renounce any spirits of gods and goddesses connected to eating disorders and particularly anything with the goddess Dianna.

I ask forgiveness for rebellion that I refused all food and starved my body.

I repent and renounce any death programming for not wanting to be on earth.

I ask forgiveness for anyone in my bloodline that committed suicide and chose death instead of life. I repent and renounce any death wishes or death spirits passed on to me through the generations.

Minister: Father God in the name of Jesus Christ of Nazareth I bind and break the power of these spirits _____ and cast them all to the dry places to never return.

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| Unloving spirits Self-bitterness Spirit of Fear Perfection, performance, drivenness Need to be loved and accepted. Rebellion Self-centeredness False pathway to peace Self-hatred Self-despising Need to be in control Insecurity Goddess of Diana | Need for identity in Size Using Food to deal with Loneliness Spirit of unworthiness, the spirit of self-bitterness Self-hatred Self-rejection Guilt, lack of self-esteem Lack of nurturing Need to be loved. Spirit of gluttony Fear of man Body distortion Mind control |
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- I speak healing to any genetic mutations,

- I am speaking healing to the body's appetat or metabolic set point to return to normal and for a normal appetite to return especially the balance of serotonin, thyroid hormones, and cortisol.
- I speak healing to your GI tract to any areas that have been damaged to be healed now.
- I speak healing to any mind deception to be broken so you can see your bodies without distortion.
- and I speak healing, blessing, and peace over you. Amen

