

False Religious Practices

Isaiah 5:20-21 “20 Woe to those who call evil good, and good evil; Who substitute darkness for light and light for darkness; Who substitute bitter for sweet and sweet for bitter! 21 Woe to them who are wise in their own eyes and clever in their own sight.”

5 Elements ____, The 5 major elements in nature and magic. Earth, water, fire, air, and spirit encompass all the other elements and are not visible. The European Union has adopted these in its flag.

Actualism ____, New Age teaching based on pantheism, according to which all human beings possess the divine Christ-consciousness and are united with the mother-Father-Creator God.

ACUPUNCTURE: Based on the Chinese tradition that proper body function is controlled by the flow of the "Life Energy" of Ch'i through the body, Chinese medicine teaches that disease or pain in the body indicates that the flow of the Ch'i is either excessive, restricted, or blocked. Acupuncture therapists try to help restore the free flow of the Ch'i by stimulating specific points of the body by inserting needles, applying small electric charges, using high-frequency sound waves or using a low-power laser.

Alchemy ____, In its original, literal meaning, theories, and experiments involving the transmutation (dissolving and combining) of base metals to form gold through chemical and/or supernatural processes. Today, it carries the meaning of a mystical transformation in New Age consciousness through various mystical techniques.

Altered States of Consciousness ____, Trances entered through hypnosis, meditation, drugs (including hallucinogenic), visualization, etc. State of being in which one allows the subconscious to take control and guide. May heighten one's vulnerability to suggestion or susceptibility to deception. You can go into an altered state of consciousness through soaking prayer,

Amulets ____, a charm is from a charmer who is also called an enchanter or magician. The word amulet came from articles that had occult power or a metal disc with kabbalistic signs for protection against evil. Many Christians sport clover leaf charms for 'luck', cross charms, and nativities--including Jesus--- as a charm. Consider the heretical implications.

Ankh ____, The Ankh, the symbol of life, one of Egypt's most popular and ancient amulets, was supposed to bestow upon the wearer, intelligence, power, and abundance.

Angelology ____, worship of angels: New Age, channeling to angels, idol worship, commanding and summoning angels to do your bidding, etc... Exodus 20:4-5

Animal and/or human sacrifices ____, an abomination to the Lord because it is done to other gods.

APPLIED KINESIOLOGY ____, Base on the teaching found in **The Yellow Emperor's Classic of Internal Medicine**, which is a combination of philosophy and Taoist metaphysics. Applied Kinesiology teaches that the strength or weakness of certain muscle groups reflects the status of internal organs. Ex: A weak deltoid muscle indicates a weak gallbladder. Applied Kinesiology also teaches how to determine which foods are harmful to the body. A certain food is held in the hand or in the mouth while the therapist tries to pull down the opposite, extended arm. If the arm is stronger, the food will help to balance the flow of Ch'i (life energy) and one will benefit from the food. If the arm is weaker, the food will cause imbalance of the Ch'i and is toxic to the person.

Aquarian age ____, A time that New Agers claim we are living in, where the spiritual awakening of man has now come.

Astral Plane ____, the plane, or level of energy and existence, between the Mental and the Physical Planes; it is the plane of the instincts and emotions, and as such, it is frequently said to consist of the "Upper Astral" - most influenced by thought and by the Mental Plane, and the "Lower Astral" - most influenced by the senses and the Physical Plane

Astral projection ____, out of body experiences: traveling outside one's body in spirit form to another destination. But when your gone, who's minding your body? Demons can move in and take possession.

Astrology ____, birth signs, sun signs, divination by the stars; Capricorn, Aquarius, Pisces, Aries, Taurus, Gemini, Cancer, Leo, Virgo, Libra, Scorpio, Sagittarius.

aura reading ____,

Aura: ____, A subtle light or energy field said to surround people or objects. Mystics explain that from the color of the aura, a person's emotional and intellectual moods can be determined.

Automatic handwriting ____, is as if the channeler's mind, body, mouth, and even hands (in the case of "automatic handwriting") are taken over for a time while the spirit from beyond uses it.

Avatar ____, An earthly manifestation of one of the gods in human or animal form, e.g., Krishna is an avatar of Vishnu, and Jesus is an avatar of Jehovah. A being through whom God manifests himself. The spiritual founder of an age or a dynasty. Such a one has supposedly progressed beyond the need to be reincarnated.

Biofeedback ____, The use of special electronic equipment, plus mental exercises such as visualization and meditation, to influence psychological responses. Biofeedback is not bad if it is performed correctly, but New Age practitioners use it as a springboard into altered states of consciousness.

Biorhythms ____, Studies in which control groups were established, have shown that there is no value to the theory. It is a form of magic and pseudoscience.

Bioenergetic Synchronization Techniques ____, New Age method using the body's life force to heal itself.

Bio-Magnetics: ____ New Age, the realigning of magnetic fields allegedly surrounding the body.

Birth Signs ____, the birth of a baby, flower, or animal as seen in dreams or perceived in psychic visions, means that something new is going to occur; a universal symbol that infers a beginning, i.e., the birth of a job, marriage, car, etc.

Birth Stones ____, birthstones are fine unless you buy them from a cult store where powers have been given to them.

Black art ____, In conjuring, this principle is used (for one thing) to produce the illusion of floating objects. It is done by covering support and personnel in black material and operating against a black backdrop. It is said to have been developed and first used by illusionist Max Auzinger in about 1875.

Black magic ____, Arts: black witches, satanism, to do harm to others, hexes, curses, etc...

BLANK AWARENESS ____, to feel that nothing is going on and yet one is awake; a state of consciousness in which one is not aware of anything, and yet one is not asleep.

Blood brothers ____, we are not to make any pact except to Jesus Christ.

Blood covenant or pact ____, drinking, cutting, or letting ritual, vampirism, satanic. We are not to make any pact with anything. etc...

Bloody Mary ____, game: played when a person looks into the mirror, usually in dim light, and chants: "bloody Mary" until an image appears in the mirror bloody.

Centering Prayer ____, Another word for "meditation" used by the New Age movement.

Chain letters ____, Chain letters are first and foremost illegal. Chain letters are letters that promise a phenomenal return on a small effort. The simplest form of a chain letter contains a list of x people. You are supposed to send something to the top person on the list. Then you remove the top person on the list, sliding the second person into the top position, add yourself in the bottom position, make y copies of the letter, and mail them to your friends. The promise is that you will eventually receive y**x somethings in return. [39] Chain letters are directly linked to pyramid schemes. Christians have succumbed to this by inviting returns for books, friends, blessings, "good luck" and so on. Some are also involved in the above type of chain letters.

Chakra ____, In Tantric anatomy, is one of several "points of power" located in the human body, to and from which psychic forces flow. The seven most accepted chakras are the base of the spine, a spot just below the navel, the solar plexus, the heart, the throat, the brow, and the top of the head. There are three others, all located in the lower pelvis; these are not used except in black magic, as might be expected. A person can open Chakras through Yoga.

Channeling ____, New Age term for the occult practice of Spiritualism (also called trance channeling). Spirit beings, Ascended Masters, deceased humans, familiar spirits, or animal spirits allegedly communicate important messages by temporarily entering the body and controlling the voice of a host (channel or medium). Most channelers give the same basic message, that man is a God.

Chant ____, Repetition of magical phrases, syllables, or words to produce a desired effect as well as bring the chanter to a deeper meditative state. See also Mantra. The Catholic church chants.

Charmer ____, to put a spell upon someone; to change things using magic; the chanting of a magical verse or formula. (Isa. 19:3) An object or piece of jewelry used for magical purposes.

Chi: ____, Invisible energy or force alleged to make up the universe and flow through all living things via meridians or chakras. See Taoism, Yin and Yang, and Acupuncture. Also known as Ki, Ying, and Yang.

Clairvoyance ____, The use of psychic power by which certain persons say they can "see" information about living beings or even about an insentient object or location without using ordinary sensory means. A clairvoyant--a person possessing this ability--often uses a scrying device to perform the act. Crystal-gazing and even tea leaf reading can be included in this category, and each works equally well.

Colorology ____, Colors have symbolic associations representing occult powers and have their own energy frequencies that emanate specific influences. Careful consideration needs to be given to color correspondences when used with Candles, Clothing, Symbols, Deities influences, Planetary influences, Zodiacal influences, and Magical Days. The use of color is also important to our meditation and visualization techniques.

Conjuring spirits ____, The claimed ability to call up demons and storms. Not a socially admired talent.

Contact Mind Reading ____, A technique simulating telepathy, in which the "mind reader" (who generally holds a hand or arm) responds to slight muscle movements produced unconsciously by the person whose mind is apparently being read. Also known as muscle reading, Cumberlandism, or Hellstromism.

Course in Miracles' ____, origins are clearly outlined in the Coursebook, published in 1976 by the California-based Foundation for Inner Peace. It was written via channeling by Helen Schucman, a Columbia University atheist psychologist over the span of seven years. Channeling is the process by which one hears an inner dictation, in this case, described by Schucman as the "Voice". She goes on to state that this Voice made no sound, but gave her a rapid, inner dictation which was written down in a shorthand notebook, later being typed by her collaborator Bill. It was, as she described, an attempt to find "another way" to deal with "the angry and aggressive feeling our attitudes reflected," meaning herself and Bill, the head of her department at Columbia. "Apparently this Course is the other way," she claimed.

Crystals ____, New Age: jewelry or objects of worship (not in natural form) "charged", "loaded" or prayed over by New Age practitioners or witches.

Crystal balls ____, divination: gazing, fortune telling of future events.

Crystal gazing ____, Staring into a reflecting surface (e.g., mirror, glass, crystal, liquid) to obtain paranormal information. Also known as scrying. See also divination.

Curses ____, To invoke preternatural forces to cause harm or injury to a person, place, or object.

Divination: is the attempt to gain insight into a question or situation by way of an occult, False Prophecy, Fortune telling, tarot cards, astrology, numerology, tea leaf reading, pendulum readings, crystal ball gazing, divining, etc.

Dowsing ____, (also known as water witching or rodding). He incorrectly connects this practice to Spiritualism. They have no points of similarity.

Dream Catcher ____, Is something in your home that you need to remove. An Indian-made device that is supposed to control you and your child's dreams. (It is becoming very fashionable to put this device in a bedroom.)

Druidry, Asatru (Norse pagan religions), ____, Dianic groups, various goddess groups, worship of Egyptian goddess Isis, & others. Practices include some or all of the following: revering nature, polytheism (belief in many gods), divination, magic, and casting spells.

Drugs ____, mind-altering: drugs are doorways for spiritual attack and oppression. Also, everyone that does drugs is always linked with the occult in some way, shape, or form.

Dungeon & Dragons ____, game: role-playing games. mind games, occultic in nature. runes.

e.s.p. ____, Alleged knowledge of an experience or a response to an external event apart from the five senses. This experience can take place either in a wakeful or dream state.

Earth Worship ____, "Mother Earth": The worship of earth, "Earth Day" the desensitizing of our children in Public Schools. Greenpeace, Sierra Club, etc...obsessed with saving the earth, more than saving humans.

Ecstasy ____, (Greek "ekstasis", "being out of its place, distraction, trance") is the exaltation of consciousness beyond the limitations of ordinary awareness as a result of extreme emotional exaltation and religious fervor: the state of "being outside of oneself." In the church, there is trance dancing that Patricia King pushes Ekstasis Worship

- <https://youtu.be/Bs7eSgGQbf4>

Elementals ____, Forces of nature that witches believe they can control. There are five: earth, wind, fire, water, and spirit. (Children learned about these through Pocahontas and Captain Planet.)

Elf, Elvenfolk, Elves ____, in traditional lore, the pre-Celtic inhabitants of Britain, viewed as magical beings by the later invading peoples and attributed with magical skills and abilities that generally describe either natural survival skills or psychic talents; Witches were often viewed as descendants of intermarriages or cross-breeding, and hence as having inherited the magical abilities of their elven ancestry [consider the common Celtic concept of "the Sight" as something passed down through the blood]; also refers to the legendary magical beings who were considered to be the Children of the Gods or the offspring of the mating's of Gods with humans

Enchanter ____, Because of the similarity of this Hebrew word to the word for snake, some scholars are of the opinion that there is a connection to snake charming. Others believe that since

there is a similarity of hissing sounds between enchanters as they chant and snakes, this accounts for the similarity of the words.

Equinox ____, ("equal night") is one of the two dates in the year when the length of the day equals the length of the night: the Vernal or Spring Equinox, which begins the "Bright Side of the Year", and the Autumnal or Fall Equinox which begins the "Dark Side of the Year."

Est ____, Warner Erhard - also known as Landmark. Personal transformation seminar promising individual growth, business management skills, stress reduction, etc. Teaching the world has no objective meaning, enlightenment, and to live moment to moment with no regard for the future. New Age themes. During mounting troubles, Erhard decided to leave the United States. Est was discontinued and replaced by The Forum. Like other transformational/encounter seminars such as Lifespring.

false prophecies ____, false words that don't come from god but from Satan.

fetishes ____, an object imbued with magical power; an object consecrated to a particular deity.

Firewalking ____, A ritual means of demonstrating an individual's possession of extraordinary powers by appearing unharmed after walking barefoot over a series of fires or across a bed of hot coals. Firewalking serves as a religious ordeal or test.

Fortune telling ____, A form of divination in which a person attempts to predict the future using alleged paranormal powers.

Games & videos that are on the dark side ____,

Gnome ____, A name given to fairies or 'little people', supposedly lost souls or pre-Christian people, or fallen angels doomed to walk the earth. It has been suggested that they are elemental nature spirits that inhabit a different dimension than our own.

Goat's Head ____, An occult symbol consisting of an upside-down five-pointed star. See Baphomet.

Goddess worship ____, New Agers, as well as Wiccans, believe in a female deity as opposed to the Christian belief in a male deity. There are many different goddesses that they worship, not just one. (Gaia is the most popular. She is taught in education as Mother Earth. Children are taught by her daily in the cartoon, Captain Planet.)

Guided imagery ____, is the releasing of your imagination to a physical teacher or spirit to help you grow and develop your understanding of New Age ideas.

Halloween ____, The term "Halloween" originally referred to All Hallows' Eve, a Catholic observance of the night before All Saints' Day. However, in its modern American form, it is a holiday based on pagan, occult, and Celtic beliefs and Druid rituals. Believed to be a religious high or holy day by those involved in witchcraft (see Wicca) and Satanism. Celebrated on October 31st, children are encouraged to wear costumes and solicit candy door-to-door (Trick-or-Treat).

Hallucinations ____, Which can stimulate delusions and hallucinations changing one's perception of reality. It can make one oversensitive or dull their senses depending on the person's psyche.

Handwriting analysis ____, is a form of fortune telling.

Healing Arts Expressions ____, Solvang, CA: New Age; healing by meditation on a piece of art, painting, etc.

Heavy Metal Music ____, occultic: especially with satanic overtones, heavy metal rock bands, and paraphernalia: posters, jewelry, skull, and crossbones, degrading of women in the music, suicidal, violent behavior, etc.

Hexes ____, means putting the nasty on someone you hate through magic and witchcraft. A hex is the supernatural equivalent of hitting someone over the head with a folding chair. There are different sorts of hexes, but they all basically boil down to making bad things happen to people you hate.

Hexagram ____, a six-pointed star formed of conjoined upright and reversed triangles, representing the union of Fire and Water, and of Male and Female; the Star of the Macrocosm ("big world", or universe)

Higher Self ____, Non-physical, true self. The enlightened, "actual" persona of the individual as opposed to what the person seems to be or thinks they are.

HOMEOPATHY ____, Based on the work of Dr. Samuel Hahnemann (German) who concluded that "like cures like". In other words, the best remedy for a disorder is a substance that causes the same symptoms in a healthy person. Homeopathic practitioners dilute their medicine by astronomical proportions. The potency of the substance is said to be maintained or enhanced, in such infinitesimal concentrations, by vigorous shaking at each step of the dilution. To find the herb for the original tincture (the characteristic quality) of the preparation, homeopathic researchers often turn to occult practices. The researchers often use a pendulum or work with mediums who seek information.

Horoscopes ____, see astrology.

Horror Movies ____, no fear? These kinds of movies can be addicting, they can lead to open doorways to demonization and entertain thoughts of murder and mutilation. They can lead to a fascination with the occult.

Hypnosis ____, mind-altering: occult healer Franz Anton Mesmer 1734-1815 invented hypnosis as a means of "animal magnetism". A person is induced into a "trance-like" state, to bring up the subconscious. or by some past life experiences.

I-Ching ____, I Ching: (Yi King or The Book of Changes) Ancient Chinese method of divination, predicting the future using a random casting of the stalks of the yarrow plant or three-lined diagrams (Trigrams) representing, among other things, Yin and Yang, Ki, and Chi.

The Illuminati ____, (“Enlightened Ones”): Secret society founded by a professor of canon law, Adam Weishaupt, in Bavaria, Germany. Originally promoted free thought and democratic political theories. Now believed by many to be an anti-democratic, elitist, conspiracy for one-world-government.

Imagery ____, Alternative term for Visualization.

Inner child ____, The New Age movement claims that the inner self needs to be awakened to grow spiritually. Christianity teaches that we are to crucify the flesh and have no confidence in it (see Galatians 5:24).

Inner Way ____, Bruce Derby, Homeland, CA: Spirit guides, mystical use of names.

Incense burning ____, burning: New Age incense sticks or cones can invite spirits into your home. The Eastern religions burn incense for their gods and idols.

IRIDOLOGY ____, Pronounced Eye-rid-ology. Based on the work of Dr. Ignatz von Peczely (Hungarian) who broke the leg of his own pet as a child and noted the change in the bird's iris. Iridology teaches that the iris of the eye is a: map of the body and that every disease and affliction, past, present, and future, is displayed there. There is no physiological basis for iridology. It is used as a form of divination like palmistry is used.

Kabala ____, Kabbala (Qabala), mostly based on Gnostic mysticism & aberrant Judaism; some of the teachings of Taoist occultism; Tantric teachings (Eastern); and the writings of notorious ritual magician Aleister Crowley, who died in 1947. In some occult circles, sorcery is a pejorative term for black magic.

Karma ____, ("a deed, an action, cause-and-effect, fate") is the balance of all of one's actions throughout all of one's incarnations, which thus determines one's future experiences; thus loosely, fate or destiny as a result of one's actions; should not be seen as any doctrine of sin and punishment, but as the working of the Law of Cause and Effect, or "what ye sow, so shall ye reap"

Kundalini ____, A form of energy, sometimes called serpent fire, believed to lie coiled at the base of the spine, according to Hindu teachings, which, upon awakening, rises through the body's psychic/spiritual energy centers, called chakras, bringing the practitioner into a state of enlightenment, “the realization of Self, the union of the transcendent, Siva [Shiva, Hindu god], and its power aspect. In Hindu mythology and occult anatomy, the goddess *Kundalini* is thought of as a female serpent lying dormant at the base of the spine. *Kundalini* is separated from *Shiva*, her divine lover and masculine counterpart who resides in the brain. When aroused by *yoga* practices, she uncoils and travels up the spine opening the alleged psychic centers called *chakras* in the process. When the crown or top *chakra* is reached the union of *Shiva/Shakti* occurs, supposedly leading the practitioner to divine enlightenment and a union with *Brahman*. The person who experiences *Kundalini* arousal is expected to experience spirit possession.

In tantra, the rising Kundalini, or increase in bio-electric charge in the body as a result of these practices, is illustrated by the uncoiling of the "snakes" from the Muladhara chakra upward in the body, terminating in the back of the head or the hypothalamus.² Just above the hypothalamus is the occipital region of the brain, which is responsible for the display of visual information --- the "movie screen" of the mind. Is it any wonder, then, that yogis and yoginis throughout the ages have seen "lights" when their Kundalini has become fully aroused? This same shooting upward of electricity along the spine (said to travel along the Sushumna or "central channel" with Ida and Pingala, the negative and positive currents, at either side, represented by the two entwining snakes) thus terminates --- at the moment of orgasm --- with a resultant explosive force in the brain causing a wild array of neuro-chemical responses, if enough voltage is achieved with prolonged Kundalini arousal and magical effort. The light produced within the brain at this juncture is symbolized by the solar disk mounted upon the caduceus, with its outstretched wings representing the effulgent consciousness of the adept having achieved this holy summit. (See information on Kundalini – Training Resources.

The practice of Internal Sexual Alchemy is a pursuit that requires the advanced practice of meditation and concentration, as well as enthusiasm for detail in observing subtle responses in the body, including changes in perspiration, rapidity of breath, and pupil dilation, which can be early signals of a rising Kundalini. Learning how to cultivate deep, prolonged orgasms "without lust for result" is a technical skill of great aid and support to the work. One need not be an expert in either yoga or biochemistry to effect these changes, but a healthy attitude towards sex and a magical understanding of the body's mechanisms seems paramount. While a range of techniques may build the adept's skill and fortify her or his practice over time, the ultimate test is complete union, love under will. During certain magical rites, the ejaculatory fluids can be collected and used for occult purposes.

Labyrinth ____, (*Latin: labyrinthus, from the Greek: labyrinthos of the labrys, the Cretian double-headed ax*) It is believed that the Greeks found the complex interwoven, up and down of the Cretian streets confusing and it is from this that the word developed. 1) a specific and intricate design or path along which individuals walk. It is believed by many that walking the labyrinth can produce healing. 2) An edifice or place full of intricate passageways which render it difficult to find the way from the interior to the exit. 3) Any intricate or involved enclosure, especially an ornamental maze or enclosure in a park or garden.

Levitations ____, It is the defiance of the law of gravity. In seances, tables may rise, and trumpets might float around the room. People's bodies have been reported to be lifted off the ground. Aladdin's magic carpet is an example of levitation.

Light as a feather ____, game: it is when a person of choice lays down, the others place 2 fingers under the person while chanting: "light as a feather" until the person is miraculously lifted with no weight.

Magic ____, the practice of all magic that has illusion is considered occultic.

Magic the Gathering ____, The primary consumers of Magic are males in their teens and twenties with experience in role-playing games such as Dungeons and Dragons. Magic was

designed by Richard Garfield and is distributed by Wizards of the Coast, a name familiar to role-players.

Magnetics therapy ____, (biomagnetic, therapeutics, biomagnetic therapy, biomagnetism, Electro-Biomagnetics, electro-biomagnetic therapy, magnetic energy therapy, magnetic field therapy, magnetic healing, magnetics, magnetic therapies, Magnetic Therapy, magnetotherapy): Variation of self-healing based on "natural laws." Magnet therapy allegedly re-establishes order in the human energy system. Its theory posits life energy and meridians and depicts magnets as sources of nature's healing energy. Some proponents equate magnetic energy, energy, life force, chi, and prana.

Medium ____, communication with the dead: calling on spirits of the dead through a trance-like state.

Medicine Wheel ____, Native American sacred circle representing the Universe and the balance of all creation. It is cast to contain, project, and raise energy to transform, balance and heal.

Meditation, ____, Entering an altered state of consciousness by the use of a mantra, yoga, deep relaxation techniques, controlled breathing, or visualization. Often linked to Eastern metaphysical philosophies, the New Age, and/or Eastern religions, these techniques promote the emptying of the mind or the suspension of critical thinking. This is different from biblical Meditation where one is encouraged to meditate on God, His attributes, or His word, employing the whole mind (Joshua 1:8; Luke 10:27). Jesus says to fill our minds with him, and yoga says to empty your mind.

Meridians ____, Channels within the body where the chi flows. According to Chinese medicine, there are 8 major Meridians.

Metaphysics ____, A field of abstract thought and philosophy about topics not on the concrete or physical level of understanding. This includes subjects like existence, the soul, being, the supernatural, astral travel, psychicism, and so on.

Mind Sciences ____, A generic, general classification of religious groups that hold to the belief that human beings are inherently divine and that mind or thoughts are energy forms that can create and/or alter reality. Most often used in reference to the American religions formed since the middle of the 19th century, especially Christian Science, New Thought, and Religious Science, which deny the actuality of sin, sickness, and/or death and promote health through mental practices.

Monarchianism ____, a View found primarily in the third century that denied the Trinity, arguing that because God's nature is one, He cannot exist eternally in three Persons. The two most popular forms of Monarchianism were dynamic Monarchianism and modalism.

Mysticism ____, The theory or belief that man can know God or religious truth through the inward perception of the mind, internal illumination, or special revelation and that such knowledge is more immediate, direct, and reliable than that obtained by ordinary understanding or sense perception.

necromancy ____, worship of the dead: usually practiced by a witch or sorcerer the art of divination through the dead.

New Age ____, New Age is a recent and developing belief system in North America encompassing thousands of autonomous (and sometimes contradictory) beliefs, organizations, and events. Generally, the New Age borrows its theology from pantheistic Eastern religions and its practices from 19th-century Western occultism. The term “New Age” is used herein as an umbrella term to describe organizations that seem to exhibit one or more of the following beliefs: (1) All is one, all reality is part of the whole; (2) Everything is God and God is everything; (3) Man is God or a part of God; (4) Man never dies, but continues to live through reincarnation; (5) Man can create his own reality and/or values through transformed consciousness or altered states of consciousness.

New Age Music: While there is music composed to promote New Age philosophy and/or facilitate altered states of consciousness and meditation, much of the music sold as such is not explicitly New Age in doctrine. Some light jazz, instrumental music has been labeled (or re-labeled) “New Age” simply as a marketing category.

Numerology: ____, interpreting the numbers: New Age, the numerical value in the alphabet interpretation of people, places, and things.

Occultic ____ Themes: statues: Statues in pewter, iron, etc... Wizards, warlocks, witches, dragons, crystal balls, gargoyles, imps, Pegasus, unicorns etc...

Omen ____, The word comes from the root “to hiss” or “to whisper” and refers to psychics and fortune-tellers who use “aids” other than naturally created things to gain knowledge, tell the future, and cast spells.

Ouija board ____, game: Ouija is a board game that has the alphabet spelled out with yes or no. 2 people usually sit facing opposite sides and place their fingertips on the oracle: made of plastic or wood and a glass with a needle in the middle. The people ask the board a series of questions, and the board will respond yes or no, or spell it out. Beware this game eventually leads to possession.

Out of body experiences ____, This supposed ultimate reality is usually defined either as a merging into the "One" (an impersonal God such as the Hindu Brahman) or as merging into the "void," as in Buddhist nirvana, or their equivalent in various forms of Western occultism. In all cases, the result is the same: the destruction of the individual personality which, after all, was only an illusion.

Palmistry ____, divination: The palm of the hand gets interpreted by the lines on it by the Palm reader.

Parapsychology ____, The study of ESP and other supernatural phenomena dating to the foundation of the English Society of Physical Research in 1882 and continued through laboratory research at Duke University Parapsychology Laboratory, Stanford Research Institute, and elsewhere. This movement attempts to give scientific validity to occult and/or paranormal activities such as the alleged psychic abilities of Uri Geller.

Past Life Regression ____, New Age practice associated with hypnosis which allows one to discover one's past lives; assumes the reality of reincarnation.

paranormal ____, beyond the range of normal experience or scientific explanation. 2. of or pertaining to events or perceptions occurring without scientific explanation, as clairvoyance or extrasensory perception.

Pentacle ____, the Elemental Tool of Earth, is a round wooden or metal disk usually inscribed with a pentagram, often with other magical Signs and Symbols specific to a Tradition; also, the wax, paper, or parchment form used as a material basis when making talismans or otherwise invoking or evoking a specific force.

Pentagram ____, An important occult symbol consisting of a five-pointed star with a single point at the top that is used in ceremonial magic, often representing the Microcosm. Called a Pentacle when depicted with a circle around it. The Pentagram is considered a positive force—the opposite of the Goat's Head or Baphomet symbol that is made by inverting the Pentagram (two points at the top).

Peyote: Hallucinogenic is used by some Native American and New Age groups as a sacrament in order to produce altered states of consciousness.

Planarization ____, This is another word for global consciousness, bringing the world into spiritual oneness. According to the Bible, in the book of Revelation, this one-world system will be ushered in by the False Prophet.

Pledge or vow to anything besides God ____, such as fraternities, organizations such as Freemasonry, etc.

Pokemon ____, Pokémons come from Japan where they have been the craze since 1995. There are indications that they are influenced by Japanese 'spirituality' which could open lives to wrong influences. As far as the West is concerned Pokémons started life as a video game produced by Nintendo. Pokémons - short for Pocket Monsters - are 'cuddly' monsters that have the ability to kill each other.

Poltergeists ____, From German ("rattling ghost"); an apparently supernatural disturbance attributed to a ghost or spirit. Usually associated with the visible movement of physical objects by an unseen spiritual (that is, occult) force. See Demon, Spiritualism, Necromancy.

Powwow ____, participated in powwows. The root comes from Indians and Indians were big in divination and powwows stir up the demonic spirits.

Psychic powers ____, Occult, New Age. A person with alleged supernatural or paranormal powers used to gain hidden knowledge apart from the five senses (divination); or, that which relates to such person or gift.

Psychokinesis ____, Supposed ability to control the movement of physical objects by the power of the mind alone, apart from the laws of natural physics.

Psychometry ____, The supposed ability to discover facts about an object or an individual connected with it, by being close to, or in contact with, the object.

Potions ____, reading new age philosophies and involvement or Harry Potter teaching on spells and

occult issues.

Pyramid Power ____, The belief, typically based on pyramidology, that ancient pyramids or the geometric shape of a pyramid generates or directs occult power or energy.

Pyramidology ____, Study of the Ancient Egyptian and/or Central American Mayan pyramids, which are believed to possess keys to hidden mystic knowledge or secret spiritual messages. See also Pyramid Power. Profile available.

Rebirthing ____, New Age. Participants rid themselves of negative karma (traumas/problems) by being regressed back to the womb and reenacting the trauma of their birth experience or previous births (reincarnation). Originally hot tubs or saunas were used but later practitioners developed “dry” rebirthing techniques.

Reiki ____, New Age, metaphysical theory of holistic health involving the movement of the practitioner’s hand over and near (but not on) the patient’s body to allegedly balance or redirect energy chakras.

Pronounced as *ray-key*; from the Japanese words *Rei* = spirit, and *Ki* = life force energy.

An occult, new-age healing technique developed by Japanese Buddhist monk Mikao Usui Sensei, based on Sanskrit sutras believed to relate to cosmic symbols used by the Buddha for healing. Sometimes described as a form of Shinto/Buddhist Qigong.

Healing energy is said to be channeled into a patient's body by laying on of hands. However, generally, no contact is made with the body. Practitioners claim the healing energy can also be applied long-distance (e.g. on mailing lists, people are sometimes asked to "send Reiki" to someone).

Buddhists also use the practice to help transcend the ego, and to see "Reality."

Reiki is not a religion, but rather a religious practice. Popularized in the West as a New Age, alternative healing technique. Reiki practitioners say that Reiki is not taught, but rather "transferred" by a Reiki Master.

Reincarnation ____, Belief originating with religions of the East (e.g. Hinduism) that when a person dies he has the ability to come again to the earth, inhabit a new body, and live as many lives as needed to progress towards a religious goal. Whereas Hindus typically believe that reincarnation includes transmigration of souls between animal, plant, and even inanimate forms, New Age believers typically restrict reincarnation to human and celestial forms. Reincarnation

generally assumes a doctrine of karma. The idea is the basis for the practice of attempting past life regression.

Rune stones ____, ancient divination: Scandinavian in origin, divination of the stones with Runic alphabet.

Sankirtana ____, Religious chant or mantra repeated over and over to draw practitioners into an ever-closer state of God-consciousness.

Santeria: Literally “worship of the saints,” a syncretism of Roman Catholicism and traditional African polytheistic religions established when African slaves were introduced to the Caribbean. Elements include animal sacrifice and voodoo.

Satanism ____ worship of Satan: Atheism, evil, self-lovers, against all righteousness, against all that is good and pure, sacrificing of animals, babies, and human beings. satanic rituals ____, satanic contracts ____, satanic assignments ____, satanic weddings ____, satanic covenants ____, satanic guardians ____, satanic baptisms ____, satanic sacrifices ____,

Séance ____, communication of the spirits. A meeting, usually involving a medium or spiritist, in which there is a deliberate attempt to practice necromancy by contacting or communicating with the dead in a trance-like state using occult methods. Everyone else holds hands around in a circle, thus a chain of energy.

Secret ____ Promoted by Oprah Winfrey, is based on the belief of the [law of attraction](#), which claims that thoughts can change a person's life directly. *The Secret* tells us to visualize best-case scenarios and banish negative ones from our minds. the idea that because of our connection with a “universal energy force,” our thoughts and feelings can manipulate this energy force to our liking. According to “The Secret,” our thoughts and feelings attract a corresponding energy to ourselves. If our thoughts are negative, we attract negative things. If our feelings are positive, we attract positive things. The essential message of “The Secret” is that we all have the power to determine our own destiny. We can all create our own reality. Through fully and consistently applying the “law of attraction,” we can be who we want to be and have everything we want to have. You become God.

Self-Motivation ____, pride: to do things without God's help i.e., seminars, tapes, and books on the following: Silva Mind Control, Scientology: Dianetics, Livestream, The Forum, formally called "est", Werner Erhard. Carolyn Myss, Steven Covey, Napoleon Hill: "Think and Grow Rich", Roy Masters: Foundation for Human Understanding, now a lot of sales forces are including these techniques in their training, MLM etc...

Self-realization. ____, This means you realize that you, yourself, are a god. This is an age-old lie of the Devil. Satan told Eve in Genesis 3:5, "For God doth know that in the day ye eat thereof, then your eyes shall be opened, and ye shall be as gods, knowing good and evil."

Sex magic ____, the use of sexual acts to attain or access power is found in teachings such as Tantra, an Eastern practice taught as a spiritual and occult technique. These techniques can easily devolve into sexual perversion & the proliferation of pornographic images. Pornography is often

found in conjunction with the occult because it misuses and degrades the human body designed by God.

Shadowmancer ____, is being hailed by some as 'The Christian Harry Potter'. My answer to that is 'Definitely not!' Admittedly there are Christian sentiments expressed in the book, but the gospel does not appear, nor is there any mention of Christ. The 'God' character is called Riathamus and the 'devil' character is called Pyratheon, so it is not clear whether these are meant to be Christian figures or just some fictional characters. Indeed, the author himself, although he is a vicar, has said that the book is not a Christian book.

Shamanism ____, The religion of the ancient peoples of northern Europe and Asia, is generally characterized by the ability of the Shaman to communicate with the spirit world. Major facets of Shamanism are animism, possession, prophecy/revelations, shapeshifting, and soul travel.

Shapeshifting ____, A very esoteric practice involving changing the human form. This can be practiced while on the astral plane, this alone is a great accomplishment. It is said that one can also shapeshift on the physical plane, though documented proof of this is nonexistent. Few books are published on the subject as it is an art mainly for certain people, and teachers prefer to find these people and teach them their art secretly rather than let the public know their ways.

Siddhis ____, Paranormal powers claimed because of some forms of Hindu meditation and Tantric practice. See Chakras.

Sixth Sense ____, A term usually used to describe a psychic ability, such as telepathy or premonition. This is also the title of a popular movie, "The Sixth Sense," which is about a young boy who claims he can see dead people. The movie's message is that this communication with the dead is a gift and a gift that the boy can use to help people. See ESP.

Spirit guides ____, A supernatural helper. They can come in through the wrong type of meditation.

Soothsayer a ____ Divination: This has reference to astrological-type divination, predicting the future or seeking guidance through the stars, planets, clouds, or weather.

Sorcery ____, the belief in magical spells that harness occult forces or evil spirits to produce unnatural effects in the world.

Spells ____, In witchcraft or Wicca, a ritual to affect a person or the future supernaturally or magically. Often involves incantations, and the ceremonial use of herbs, candles, knives, or other occult paraphernalia.

Spirit lovers. Succubus and incubus spirits ____, The succubus spirit is a demon who supposedly materializes as a woman to have sexual relationships with men. The incubus spirit is a demon that supposedly materializes as a man and enters sexual relationships with women, sometimes occurring in dreams. According to legend, trolls represent these vile spirits. To learn more about

succubus and incubus spirits and trolls, see my book, *Fourteen Things Witches Hope Parents Never Find Out* .

Spiritualism ____, Spiritism: Specifically, the belief found in many primitive Cultures that inanimate objects, plants and/or animals are possessed by spirits (good or evil) which must be appeased through occult practices. More generally, the term can refer to any alleged contact with spirits through occult techniques.

Star Gazing ____, a person who is involved in astronomy or astrology.

Subliminal Messages ____, Words or messages communicated at a level below the conscious mind's ability to perceive. Allegedly, messages can enter directly into the subconscious mind, thus bypassing the rational/logical center of the individual's brain.

Superstition ____, an irrational belief arising from ignorance or fear and looking to objects for safety instead of God.

Table Tipping ____, Mysterious movements of a table, usually occurring in a seance when a group of people place their hands on the surface of the table. Often the movements are interpreted as spirit communications. Also known as table-turning or table-tipping.

Talismans ____, Talisman: Small stones or amulets believed to possess power in themselves to guard against evil spirits or for use in the invocation of demons by sorcerers. Also, an ancient occult belief that certain objects or symbols contain supernatural magical powers, used for attraction of love, health, success, and power to control nature or others. Closely aligned with witchcraft (see Wicca) and magic.

Tarot cards ____, divination: a reading on a specific person who helps touch and deal the cards with the various pictures telling of past, present, or future events.

Tea leaf reading ____, Oriental practice: interpretation of the various tea leaves in the bottom of the teacup. to foretell the future.

Telekinesis or Teleportation ____, A form of psychokinesis in which physical bodies or objects are moved over distances, and in which solid objects are materialized and dematerialized in order to pass through matter.

Telepathy ____, The paranormal ability to send or receive a thought over a distance without verbal or visual help. See ESP.

Therapeutic Touch ____, New Age holistic health practice developed by Dolores Krieger and Dora Kunz of using alleged body energy (chi) to heal a patient. Therapists move their hands just above the surface of the patient, never actually touching the body. This process is said to release the body's natural psychic energy, thereby physically healing the body. Becoming very common in nursing schools and hospitals throughout America. Similar to Reiki.

Third Eye ____, Highest chakra, supposedly found in the middle of the forehead.

Trances ____, Trance: An spontaneous or induced altered state of consciousness, similar to hypnosis, which is often employed by channelers and mediums.

Transpersonal education ____, A teaching technique that encourages people to learn beyond their five senses. They are taught that a higher source of power is needed for ultimate knowledge.

Unidentified Flying Objects (UFOs) ____, The term is used generally for all reported sightings of unidentified objects in the sky, most of which turn out to be natural phenomena (e.g., Venus) or man-made craft (e.g., weather balloons). More specifically, the term UFOs refers to allegedly sighted “flying saucers” or another alien spacecraft. UFO beliefs can range from innocuous speculation that extraterrestrial beings may have visited Earth to quasi-religious devotion to the alleged presence and teachings of aliens. Often these beings are believed to be non-physical (spiritual) entities who are communicating telepathically (psychically) with contactees. Their messages are virtually always contrary to biblical beliefs.

Visualization Techniques ____, New Age practice of using one’s imagination allegedly to affect or manipulate reality. Meditating on, affirmation of, or “naming” of an object or goal, which supposedly creates the desired effect through “mind over matter.” See Maya.

Voodoo ____, African religion, animal sacrifice, chants, and incantations. It is the oldest form of witchcraft.

Wand ____, the Elemental Tool of Fire, or in some Traditions, of Air

Water witching (rod) ____, (also known as dowsing). He incorrectly connects this practice to Spiritualism. They have no points of similarity.

White Magic ____, Arts; white witches, to do good, nature worship, spells, charms, etc...

Witchcraft ____, divination: Spells, charms an incantation, "White Witches" usually named for doing good. "Black Witches" are usually deemed for doing evil. All witchcraft, sorcery, and divination are the same and strictly forbidden by God. Deuteronomy 18:10-12

Wizards ____, A term used in the past to describe a man with magical powers, or a magician or sorcerer. Used in connection with folk magic and alchemy.

Yin-Yang ____, the Taoist concept, used in the New Age movement, holds that the universe consists of two opposite energy forces (positive/negative; male/female, etc.). Both are necessary and both must be harmonized for proper function. This Yin and Yang also flow through the human body so that a balance is required to maintain health. Many New Age holistic health techniques, such as acupuncture, are based on attempts to balance this alleged energy or chi. When all is balanced, the Yin and Yang harmonize, and the body works properly.

Yoga ____, Eastern practice: Hatha, Gnana, Raja, Bhakti, Tantric, etc... It is a form of stretching the body into various poises while meditating or visualizing. God says to fill your mind with the word. Yoga says to empty your mind.

Yule ____, Occult holiday celebrated on the shortest day of the year, the winter solstice (December 21). Because of its proximity to Christmas, the term Yule has often been used as a designation for Christmas.