

Karate Renunciation Prayer

I renounce the two roots of karate, namely the Chinese Martial Arts (including Kung Fu) and the Okinawese Martial arts.

I renounce Bhodidharma (An Indian Zen Buddhist), who developed the main theory concerning the Eastern Martial arts.

I renounce any link with the Shaolin-Temple, from where karate originated and was developed.

I renounce BUDDHA as well as any form of worship/honor to him. I confess it as the sin of idolatry and ask for forgiveness in the Name of Jesus.

I renounce the teachings of ZEN (Find "God" in yourself / Find "Enlightment" from within) and every KHATHA used as an aid for meditation. (KHATHA – series of exercises in a specific format)

I renounce every discipline of the mind, to allow my mind to become my master as well as the faith I had in **myself** in the Name of Jesus.

I renounce the teachings of TAOISM, stating that there is a supernatural energy that gives life to everything and maintains that life.

I renounce this "KI" energy as well as every "KIAI" I shouted to activate this energy, to ensure a better result in the specific technique used.

I renounce FUNAKOSHI (The "father" of karate) who developed karate so that ZEN can practically become a manner of life.

I renounce the doctrine of karate that states "the way of the empty mind" through the exercising of the body and mind until I obtain a new level of consciousness.

I renounce every form of meditation, namely:

- MUKOSO (Pay attention to the different positions, e.g. LOTUS)
- Meditation through normal exercising sessions ("Moving ZEW")
- Meditation through the repetition of the basic principles of karate.

I renounce the purpose of karate, namely:

- The construction of a better inner character.
- The removal of any egocentricity.
- Discipline of the mind and body.
- Through meditation ("Moving Zen")

- That the student must overcome himself, empty himself of his own ego, and thus develop a Zen-way of thinking.

In the Name of Jesus, I break every OATH I made.

I renounce my faith in karate as one of the MANY WAYS that leads to life, and I accepted it as A WAY OF LIFE through my earnest dedication.

I confess that Jesus Christ is the ONLY WAY, THE TRUTH AND THE LIFE, and that no one goes to the FATHER, except through Him.

I confess that I serve only ONE GOD, and admit that I bowed down before other gods (including self-exaltation). I ask for forgiveness, in the Name of Jesus.

I renounce every Khatha, every kick, and every war cry I used to summon demons, to use their power. I confess it as a sin and lay it down in the Name of Jesus.

I renounce every special weapon, including Chaka-sticks that I used, and lay it down in the Name of Jesus. Any marks I received during fights, I ask you, LORD, to remove them in the Name of Jesus.

I ask that you sever the soul tie between my master and me (Sen-Sei – the name is important) and that you will break any control over my mind that he has in the Name of Jesus.

I give all warring ranks that I received back to Satan, in the Name of Jesus (also any special awards / Honoree titles).

(Ranks are given according to color belts: White, Yellow, Brown, and Black. First to seventh Dan – this level: floating master with status in Japan) I renounce all pride and self-exaltation that worked through me, as well as any belief in invincibility.

I renounce any spirits of self-destruction, destruction, murder, and death, in the Name of Jesus.

AMEN!