Father God, I repent, renounce and fall out of agreement with every soul tie I have created or I have allowed to be created with me. I break every soul-tie on both ends, and every spirit that has come through these soul-ties, I break their power and cancel their assignment in my life. (If you know what the spirits are - ex. anger, fear, stress, hatred, etc. - name them) In the name of Jesus, I now command every spirit named and unnamed, who works with or is associated with or is affiliated with the spirits named, your power is broken, your assignment is cancelled and I command you to go to the pit now, in the name of Jesus. And Holy Spirit, I ask that you rise up and fill the spot now vacated. Holy Spirit, I ask you to heal every cell and tissue in my body where these soul-ties were attached and where these spirits were attached. I ask for healing, peace and joy to fill me. In the name of Jesus, amen.